



ALEXANDRINUM
PALACE
★★★★

A WORLD OF TREATMENTS

at SPA Alexandrinum



FACIAL CARE

SPECIALIST TREATMENTS

Professional treatments which meet all the skin's needs, multisensory rituals which take you on a magical journey through a world of beauty and tranquillity... All treatments are based on a specialist manual massage technique developed by the best spa & wellness consultants. These original and exclusive treatments will leave you feeling great and will effectively improve skin tone with visible and lasting effects.

Optimum moisturisation **290 PLN** | 50 min

A real moisturising bath for dehydrated skin. This amazing moisturising treatment based on pure apple water instantly hydrates the skin and maintains moisture levels. During the treatment, wrinkles caused by dehydration disappear and the skin becomes smooth and soft, with a radiant glow.

Collagen mask treatment **380 PLN** | 80 min

A real shot of youth for the skin. It deeply moisturises, smoothes, and brightens the skin, flattens out wrinkles and tightens the skin, giving the feeling of a lifting session. This exceptional treatment provides spectacular results after the first application and its effects last for many weeks. A collagen mask treatment is especially recommended for bignights out.

FACIAL TREATMENTS FOR MEN

Oxygenating and stimulating treatment **290 PLN** | 50 min

The treatment is a real holiday for the skin. It's an ideal proposition for those with tired, grey skin, especially for smokers and those who live in large urban areas, who struggle every day with the effects of a polluted environment, stress, and UV radiation. Thanks to its concentrated plant extracts, this treatment instantly brightens the skin, oxygenating it and restoring a fresh, rested appearance, while strengthening the skin's natural protective layers.

CLASSIC CARE TREATMENTS

Individual treatments selected for the skin type and specific needs of your skin, improving skin condition and ensuring a lovely look. These treatments combine a cleansing and peeling phase with the application of intense action masks which stimulate the skin to rebuild itself and help eliminate problems. The facial massages conducted during the treatment increase the effectiveness of the products used and have a relaxing effect.

Touch of the earth **280 PLN** | 50 min

A cleansing treatment intended for oily skin with excess sebum. Instantly cleanses, regenerates, and reduces sebum gland secretion, while the ampoule of propolis reduces bacterial growth, leaving the skin matte and fresh.

Linden blossom **280 PLN** | 50 min

A treatment tightening dilated blood vessels, intended for skin which is especially sensitive and vascular. Removes excess water from the tissues and strengthens the capillaries. Soothes redness and skin irritations.

Apricot tranquillity **280 PLN** | 50 min

A vitamin treatment for every type of skin, perfect for normal and mixed complexions. A real express beauty treatment, it instantly eliminates fatigues and brightens the skin.

Tea garden **280 PLN** | 50 min

A treatment for mature skin. It contains a cocktail of active ingredients which prevent skin ageing, such as retinol, ferulic acid, and coenzyme Q10, which in conjunction with white tea extract featuring antioxidant properties prevents the creation of wrinkles and powerfully regenerates the skin, stimulating repair processes.

Honey temptation **280 PLN** | 50 min

Hyaluronic acid, omega 3-6-9 acids, and honey extract immediately moisturise, restore comfort, and flatten out wrinkles which result from skin dehydration.

BODY CARE

For more than 30 years the British brand **Aromatherapy Associates** has specialised in discovering and studying the medicinal properties of the best natural plant ingredients and the purest extracts and essential oils for use in their unique formulas.

The many-year experience of our therapists confirms how effectively essential oils can improve both the physical and the emotional state of a person. Well-known, award-winning products and treatments from Aromatherapy Associates transform the experience of aromatherapy into an exceptionally effective and simultaneously unique and luxurious treatment for the body.

Custom smoothing

190 PLN | 30 min

A relaxing whole body peeling in which nutrients are massaged into the skin, leaving it radiant and miraculously smooth to the touch.

Rose moisturisation

310 PLN | 60 min

This intense moisturisation treatment involves a serum, oil, and cream rich in rose extract which leaves the skin radiant and soft. The skin is enveloped in the aroma of rose, enhancing mood.

Rose post-natal regeneration

310 PLN | 60 min

A deeply regenerating full body treatment which relaxes the skin. Peeling and a range of rose-based products instantly strengthens the skin and restores a beautiful appearance.

Perfect body

310 PLN | 60 min

A firming and slimming treatment which improves face contour and eliminates excess fluids. Leaves the body slimmer with smooth skin.

Intense rejuvenation

380 PLN | 80 min

Deep revitalisation for dry and dull skin. An intense rejuvenating and smoothing treatment, using peeling techniques and a velvety moisturising balm containing sea algae.

MASSAGES

Facial massage

110 PLN | 30 min

Classic back massage

120 PLN | 30 min

Classic full body massage

250 PLN | 60 min

Aromatherapy massage

280 PLN | 60 min

Tension release massage

280 PLN | 60 min

Deep tissue massage

250 PLN | 60 min

Hot stone massage

260 PLN | 60 min

Candle massage

260 PLN | 60 min

Hawaiian Lomi Lomi massage

280 PLN | 60 min

SPA Alexandrinum

05-326 Krubki-Górki 13a
Gm. Poświętne, pow. Wołomin

(+48) 609 190 607
(+48) 502 605 272

repcja@palac-alexandrinum.pl
www.palac-alexandrinum.pl

ONLY 13 KM FROM WARSAW!